



# ATMA CENA

PSYCHEDELIC HEALTHCARE SOLUTIONS

Fax: (888) 720-6140 Toll Free Phone: (888) 720-6040

Calgary, AB 734 42 Ave SE, T2G 5N9 • Edmonton, AB #1155 5555 Calgary Trail NW, T6H 5P9  
London, ON 100 Collip Circle, Suite 105, N6G 4X8 • Toronto (GTA), ON #316 1600 Steeles Ave, Vaughan

info@atmacena.com • www.atmacena.com

### Patient Information

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Address: \_\_\_\_\_

Gender:    M    F    Non-binary    Prefer not to say

DOB<sup>(dd/mm/yy)</sup>: \_\_\_\_\_

Primary Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Health Card #: \_\_\_\_\_

### Referring Physician / Clinic Information

Clinic Name: \_\_\_\_\_

Office Phone #: \_\_\_\_\_

Office Fax #: \_\_\_\_\_

Referring Physician: \_\_\_\_\_

Prac ID: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Electronic Signature Disclaimer: By signing your name electronically on this referral form, you are agreeing that your electronic signature is the legal equivalent of your manual signature on this form.

### Service offerings included in the referral

- Initial Consultation (no charge)
- Ketamine-Assisted Therapy
- Repetitive Transcranial Magnetic Stimulation
- Special Access Program:
- Psilocybin-Assisted Therapy
- MDMA- Assisted Therapy

### Diagnosis

- MDD
- PTSD
- cPTSD
- OCD
- Addiction
- Bipolar Affective Disorder

### Clinical information

Height (cm): \_\_\_\_\_

Weight (kg): \_\_\_\_\_

Blood Pressure: \_\_\_\_\_

BMI: \_\_\_\_\_

Heart Rate: \_\_\_\_\_

### Reason for Referral or Diagnosis:

### Other Specialists Involved in Care:

### Relevant Past (Medical History):

Please include a list of current medications and consultation reports with this referral. This Information will assist us to appropriately triage your patient. Please fax all documents to 780- 669- 9216 (Edmonton) or 403-270-2037 (Calgary). Once all documentation is received and reviewed, a consultation appointment will be scheduled.

\*Please note that this is a private pay service.

Igniting Minds, Healing Spirits



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ATMA CENA offers innovative mental health service offerings that use psychedelic-assisted therapy to assist individuals in bettering their own mental health and wellness. Fully licensed and committed to educating our community about the new treatment options that are available and bringing forward safe care that supports better mental wellness.

## Service Offerings

### **Ketamine Assisted Psychotherapy (KAP)**

Ketamine is given when other antidepressants don't work. Ketamine is a dissociative anesthetic, meaning that it numbs your body and makes you feel apart from your environment for a short time. It leads to clarity of thinking, lifting of the weight of depression and an increased functional capacity which can take effect within the first few hours following treatment.

### **Repetitive Transcranial Magnetic Stimulation (rTMS)**

rTMS is an electromagnetic device that non-invasively delivers a rapidly pulsed magnetic field to the brain in order to activate neurons without inducing a seizure. The treatment is intended to be used for patients meeting clinical criteria for major depressive disorder, medication resistance and tinnitus. This procedure is done in an outpatient setting with support from a trained technician. TMS (transcranial magnetic stimulation) is a non-invasive neuromodulation technique and has a very direct influence on your brain physiology.

### **Special Access Program (SAP)**

The Special Access Program (SAP) is a Health Canada program that allows professionals to request access to drugs not currently authorized for sale in Canada to treat patients with serious or life-threatening conditions. The application price for the SAP program is \$500.

### **Psilocybin-Assisted Psychotherapy**

Psilocybin Assisted Therapy is an option that can be explored when other modalities such as antidepressants or talk-therapy don't work, and has been used as an adjunct to therapy since the 1970's. Psilocybin is a natural psychedelic compound found in certain mushrooms that converts to psilocin in the body, interacting with brain receptors to alter consciousness. In therapeutic settings, it facilitates deep introspection and emotional exploration, with research suggesting lasting positive effects on mood, well-being, and sense of purpose.

### **MDMA-Assisted Psychotherapy**

MDMA Assisted Therapy is an option that can be explored when other modalities such as antidepressants or talk-therapy don't work, and has been used as an adjunct to therapy since the 1970's. MDMA-Assisted Therapy combines MDMA (3,4-methylenedioxymethamphetamine) with psychotherapy, creating conditions of increased empathy and openness that help clients process trauma. Studies show it's highly effective for PTSD treatment, with most clients no longer meeting PTSD criteria one year after treatment.

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*Our clinical team will assess if the service offering(s) are a safe treatment option for your patient. We reserve the right to refuse treatment to anyone we deem not eligible due to medical or mental health reasons, of which we will communicate to you. If you have any further questions or concerns, please don't hesitate to reach out to us!*